

PROSTATE CANCER FACT SHEET

PROSTATE CANCER AWARENESS SAVES LIVES

Prostate cancer is treatable IF detected early.

Screening for it is important.

Screening should start at the **age of 50** OR 40-45 if you have risk factors.

Screening should continue at least until the age of 69.

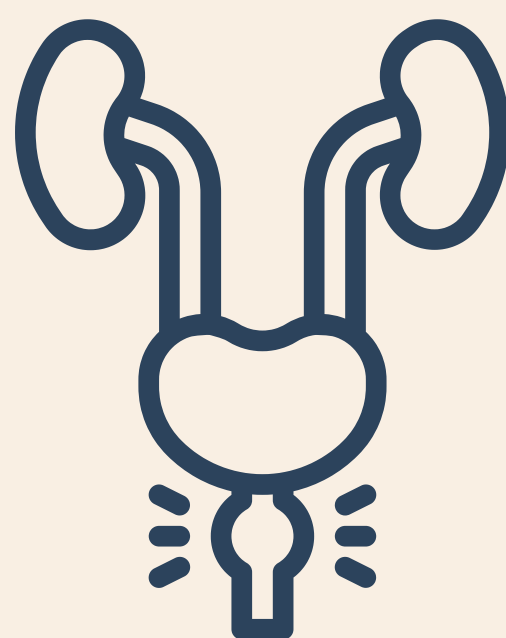
RISK FACTORS

- Having a direct family member with prostate cancer or breast cancer
- Being from African descent

1 in 7 men develop prostate cancer

7/10 survive more than 10 years

Prostate cancer can be present without any symptoms



Screening is done through a **blood test** looking at your PSA levels.

PSA = Prostate specific antigen

A **digital rectal examination** may or may not be added to screening. This detects changes in the prostate like lumps / hard spots.



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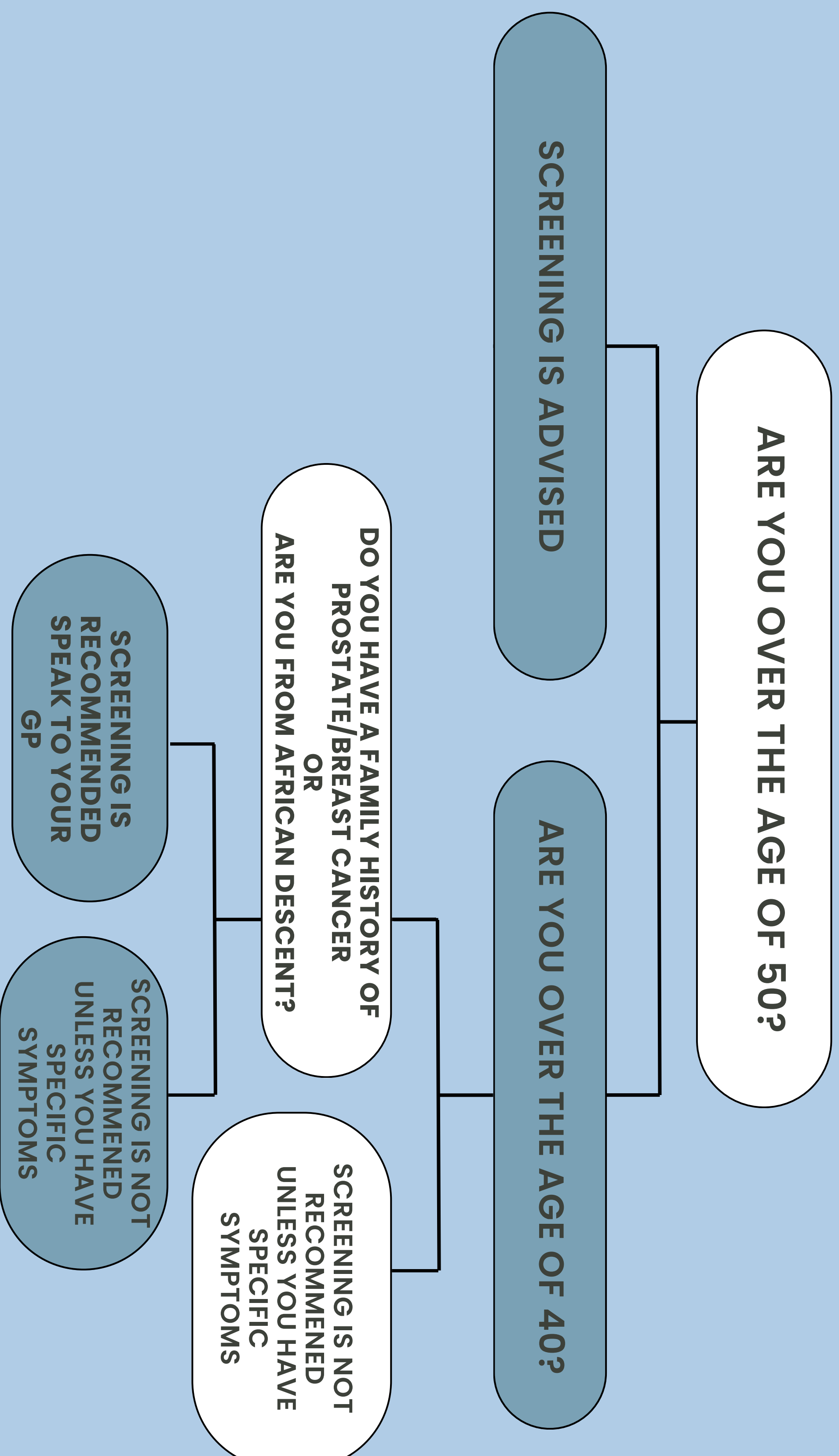
To discuss your own risk factors and screening tests, visit your GP practice.

Complete the questionnaire below to see when you need to start screening.

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USE THIS CHART TO DETERMINE IF YOU SHOULD SCREEN FOR PROSTATE CANCER



This is a guideline only. It can be used for men who are healthy but wondering when they should start screening for Prostate cancer. For any person showing any concerning signs and symptoms, please discuss your individual profile with your healthcare professional.

